



Mid Term CME of Society for Rural Mental Health

VENUE

Shaheed Hasan Khan Mewati Government Medical College, Nuh

Join us on

Date: 23rd April 2022, Saturday

Theme:

**Mental Health Care in Underprivileged and
Marginalized Populations: Challenges & Solutions**

| Organized By |

DEPARTMENT OF PSYCHIATRY

| Shaheed Hasan Khan Mewati Govt. Medical College, Nuh, Haryana |

Dr. Nikhil Goel 9812353352 | Email: cme.srmh.shkm@gmail.com

REGISTRATION FREE

BUT MANDATORY

<https://forms.gle/3eiLuhU4eruvVpaW6>

Warm Greetings from SHKM GMC Nalhar, Nuh !!

On behalf of the Organizing Committee, we welcome you to the Mid Term CME of Society for Rural Mental Health on 23rd April 2022 to be held at SHKM Govt. Medical College, Nuh Haryana. This college, which is located at a picturesque setting, merging with the foothills of Aravali range of mountains, was established in year August 2012. It is affiliated to Pt. B.D. Sharma University Of Health Sciences, Rohtak, Haryana, and recognized by the National Medical Commission. SHAHEED HASAN KHAN MEWATI Hospital is the affiliated teaching hospital and has about 500 beds equipped with all modern facilities. Presently it admits 120 students for MBBS and Postgraduates in various courses (both clinical and non clinical) every year.



The mental health of individuals is shaped by the social, environmental and economic conditions in which they are born, grow, work and age. Poverty and deprivation are key determinants of children's social and behavioural development and adult mental health. There is increased risk of mental health problems in underprivileged population and it can be both a causal factor and a consequence of mental ill health.

Marginalization includes but is not limited to caste, religion, mental health status, physical ability, socioeconomic status, sexual orientation, sex, gender identity, weight, age, and race. Being seen and treated as less than or exclusionary in some way has a long-lasting impact on the mental health of an individual.

In this CME we shall be looking for various socio-cultural factors impacting Mental Health of under privileged and marginalized population & how to overcome this issue.



Famous Shiv Mandir at Nalhar, Nuh

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TIME	PROGRAMME
8:00 am onwards	Registration of the Delegates
9:15 – 10:00 am	Inauguration of the CME National Anthem, Floral Welcome, Lightning of lamp & Saraswati Vandana Welcome Address by Organizing Chairperson – Director, SHKM GMC, Nuh Opening remarks of CME by General Secretary, SRMH Address by President, SRMH Address by Patron, SRMH Chief Guest Address and Inauguration of CME
10:00 – 10:45 am	Keynote Address I - Socio-cultural factors and mental health : Impact on population of marginalized sections Speaker: Prof. Bhup Singh Gaur Chairperson: Dr. Mahesh Kumar, Dr. Ramesh Batra
10:45 – 11:30 am	Keynote Address II - Mental Health Care of Underprivileged Population: Challenges & Solutions Speaker: Dr. Rakesh Kumar Chadda Chairperson: Dr. Bir Singh Yadav, Dr. Saim Hasan
11:30 – 11:45 am	Tea break
11:45- 12:30 pm	Keynote Address III - Third Gender: Problems and way forward Speaker: Dr. Hitesh Khurana Chairperson: Dr. Priti Singh
12: 30 – 2:00 pm	Panel Discussion: Mental Health Care in Underprivileged and Marginalized Populations: Challenges & Solutions 1. Dr. Rakesh Kumar Chadda 2. Dr. Brahmdeep Sindhu 3. Dr. Ved Pal Mahla 4. Dr. Bhupendra Singh 5. Dr. Ramesh Batra Moderator Dr. Rajiv Gupta, Dr. Nikhil Goel
2:00 pm	Valedictory & Group Photograph
2:00 pm onwards	LUNCH

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Organizing Committee

Organizing Chairperson :

Dr. Pawan Goyal
Director, SHKM GMC

Organizing Vice Chairperson

Dr. Manpreet Kaur
Med. Supdt. SHKM GMC

Organizing Secretary:

Dr. Nikhil Goel
Asst. Prof, Psychiatry

Treasurer:

Dr. Vipin Kumar
Asst. Prof, Psychiatry

Organizing Team:

Dr. Ritika
Senior Resident, Psychiatry
Dr. Vikas Singroha
MO Psychiatrist (GH Mandikhera)

Dr. Asha
Junior Resident, Psychiatry

Mrs. Parmila
Psychiatric Social Worker

Mrs. Smita Budhiraja
Vocational Counselor

Mr. Mohd. Tarif
Counselor

Society for Rural Mental Health

Governing Body

Patron: Dr. Rajiv Gupta

President: Dr. Priti Singh

Vice President: Dr. Purushottam

President Elect: Dr. Ashok Gupta

General Secretary: Dr. Vinay Kumar

Treasurer: Dr. Amit Soni

Editor: Dr. Sidharth Arya

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Dr. Ramesh Batra

Dr. Ajay Malhotra

Council Members:

Dr. Bir Singh Yadav

Dr. Karanjeet

Dr. Bhupendra Singh

Dr. Piyush Verma

Dr. Isha Batra



Know Your Speakers

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Dr. Rakesh Kumar Chadda

- Professor and Head, Department of Psychiatry & Chief, National Drug Dependence Treatment Centre, All India Institute of Medical Sciences, New Delhi
- He has more than 250 publications including 8 books/monographs.
- Areas of interest- Somatoform disorders, Depression, Caregiver Burden.

Head of Department of Sociology D.G.C. Gurugram.
Editor of Newsletter, TG-03, International Sociological Association (2018-22). His research area are issues of marginalized sections, media, gender and recently working on sociology of health.



Prof. Bhup Singh Gaur



Dr. Rajiv Gupta

- Director cum CEO, Institute of Mental Health, Senior Professor & Head, Department of Psychiatry, PGIMS, UHS, Rohtak.
- Ex-President Indian Association for Social Psychiatry
- Published a book and more than 25 research papers in National & International Journals
- Research areas – Depression, Community Psychiatry, Deaddiction and Administrative Psychiatry.

Professor, Department of Psychiatry, IMH, PGIMS, UHS, Rohtak
Experience : 20 years of teaching, research and patient care .
Special interests : Geriatric psychiatry, non-conventional therapies
Publications :18 in national and international journals .



Dr. Hitesh Khurana



Dr Brahmdeep Sindhu

- M.D Psychiatry, Working as Civil Surgeon in Haryana
- Area of Interest/ Expertise: De Addiction, Ethics, Stress Management, Research, Community Awareness
- No. of Research Publications: 35 (Research Papers/Chapters/Books)
- Experience: 23 Years of Experience as Mental Health Professional

• **Professor and HOD, Psychiatry, FMHS SGT Medical College Hospital and Research Institute, Gurugram, Delhi NCR**
• Areas of interests ECT, Community Psychiatry, Forensic Psychiatry, Suicide Prevention, Technology and Psychiatry and Taboos and Stigma in Psychiatry



Dr. Ved Pal Mahla



Dr. Bhupendra Singh

- Assistant Professor of Psychiatric Social Work (IMH, Pt. B D Sharma UHS, Rohtak, Haryana)
- 24 National and International research publications in peer reviewed journals
- 22 Paper Presentation in National Seminars

• Senior Consultant Psychiatrist, Rohtak
• 33 years of experience
• Published many papers in National & Int'l Journals



Dr. Ramesh Batra



Dr. Nikhil Goel

- Assistant Professor, Department of Psychiatry, SHKM Govt Medical College, Nuh
- Few publications
- Research areas: Deaddiction Psychiatry, Women Mental Health, Childhood disorders.

Registration Form

**Mid Term CME of Society for Rural Mental Health
Organized by Department of Psychiatry, SHKM Govt
Medical College, Nuh Mewat**

23rd April 2022, Saturday

Limited to 75 seats only

(REGISTRATION IS FREE BUT MANDATORY)

<https://forms.gle/3eiLuhU4eruvVpaW6>

Name (as needed in certificate)

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Designation

.....
Name of Institute

.....
Medical Council Registration no

.....
Residential address

.....
Email address & Mobile number

Contact : cme.srmh.shkm@gmail.com

Dr. Nikhil Goel 9812353352

Please email this Registration form to cme.srmh.shkm@gmail.com