

**SHAHEED HASAN KHAN MEWATI GOVERNMENT MEDICAL  
COLLEGE, NALHAR, NUH (HARYANA)**

**Foundation Course for MBBS students (2019-20 Batch) August 2019**

Time	Day 1 01.08.19 Thurs	Day 2 02.08.19 Fri	Day 3 03.08.19 Sat	Day 4 05.08.19 Mon	Day 5 06.08.19 Tue	Day 6 07.08.19 Wed															
08-09 AM	<u>O</u> -Welcome & lamp lighting Ceremony. Address by worthy Director	<u>O</u> Foundation course and Assessment-A gist – Dr. Sangeeta	<u>S/E</u> – Sports Dr. Manjeet & Mr. Wahid	<u>S/E</u> –Music Dr. Anuradha	<u>S/E</u> –Dance Dr. Bhawna	<u>S/E</u> – Sports Dr. Manjeet & Mr. Wahid															
09-10 AM	<u>O</u> -Introduction to MBBS Profession By Dean	<u>2XO</u> - Why I want to become a doctor- Introduction by MBBS first year student –  All Pre Clinical Teachers	<u>PDE</u> - Ethical behavior & professionalism – Dr. Ashima	<u>2XSK</u> – Handling Cadavers in Dissection Hall -Dr. Neetu Arora	<u>4XO</u> -Campus and Hospital round <table><tr><td></td><td>College Campus Round Area no 1</td><td>College Campus Round Area no 2</td><td>Hospital Round Area No. 1</td><td>Hospital Round Area No. 2</td></tr><tr><td>9-11</td><td>A Dr. Jatin</td><td>B Dr. Veerpal</td><td>C Dr. Siba</td><td>D Dr. Naresh</td></tr><tr><td>11-01</td><td>C Dr. Siba</td><td>D Dr. Naresh</td><td>A Dr. Jatin</td><td>B Dr. Veerpal</td></tr></table>		College Campus Round Area no 1	College Campus Round Area no 2	Hospital Round Area No. 1	Hospital Round Area No. 2	9-11	A Dr. Jatin	B Dr. Veerpal	C Dr. Siba	D Dr. Naresh	11-01	C Dr. Siba	D Dr. Naresh	A Dr. Jatin	B Dr. Veerpal	<u>O</u> - PMJV- Ayushman Bharat - Dr. Nikhil Goel
	College Campus Round Area no 1		College Campus Round Area no 2			Hospital Round Area No. 1	Hospital Round Area No. 2														
9-11	A Dr. Jatin		B Dr. Veerpal			C Dr. Siba	D Dr. Naresh														
11-01	C Dr. Siba	D Dr. Naresh	A Dr. Jatin	B Dr. Veerpal																	
10-11 AM	<u>O</u> -Introduction to Medical College & Hospital By MS	<u>3XO</u> -Visit to pre and Para clinical departments (Group A, B and C)	<u>2XPDE</u> -Concept of generic medicines AMRIT, Jan Aushdhi – Dr. Naveen Kr.	<u>O</u> -International health systems and concept of rural health care – Dept. of Com. Med.																	
11 AM -01 PM	<u>2XPDE</u> - Patient as a teacher – Dr. Anuradha	<u>2XPDE</u> - Doctor as a team leader – Dr. Sibadatta	-Demonstrator Ana/Phy/Bio			<u>2XO</u> -Visit to Dental OPD and Blood Bank – Dept. of Dentistry and Dr. Shailesh															
01-02 PM	Lunch																				
02-03 PM	<u>LC</u> – L1=English Dr. Anuradha	<u>LC</u> – L2= Hindi Dr. Namita	<u>LC</u> – L1=English Dr. Anuradha	<u>LC</u> – L2= Hindi Dr. Namita	<u>LC</u> – L1=English Dr. Anuradha	<u>2XSK</u> – Handling Microscope in Physiology-Dr. Swati															
03-04 PM	<u>LC</u> – Computer skills -Mr. Ashish	<u>LC</u> – Computer skills - Mr. Ashish	<u>LC</u> – Computer skills - Mr. Ashish	<u>LC</u> – Computer skills - Mr. Ashish	<u>LC</u> – Computer skills -Mr. Ashish																

**O - Orientation – 30 Hours (Red Color)**

**PDE - Professional Development and Ethics - 40 Hours (Green Color)**

**LC – Language and Computer – 36 Hours (Yellow Color)**

**S/E – Sports and Extra Curriculum Activity 22 Hours (Blue Color)**

**FV – Field Visit – 7 Hours (Teal Blue Color)**

**SK – Skills - 33 Hours (Purple Color)**

**Batch A - 1-30**

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**Batch D - 91-120**

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08-09 AM	<b><u>S/E</u> –Music Dr. Anuradha</b>	<b><u>S/E</u> –Dance Dr. Bhawna</b>	<b><u>S/E</u> – Sports Dr. Manjeet &amp; Mr. Wahid</b>	<b><u>S/E</u> –Music Dr. Anuradha</b>	<b><u>S/E</u> –Dance Dr. Bhawna</b>	<b><u>S/E</u> – Sports Dr. Manjeet &amp; Mr. Wahid</b>
09-10 AM	<b><u>O</u>-National health programs – Dept. of Com. Med.</b>	<b><u>O</u>-University rules for exams and attendance -Dr. Sangeeta</b>	<b><u>PDE</u> – Medical etiquettes and Mannerism – Dr. Ashima</b>	<b><u>PDE</u> – Why and how to remain updated for general knowledge – Dr. Sikha</b>	<b><u>PDE</u> Doctor as an economist &amp; manager – Dr. Naresh</b>	<b><u>PDE</u> – Expectation of society from a doctor – Dr. Shailesh Gupta</b>
10-11 AM	<b><u>PDE</u>-Health care delivery system in India. - – Dept. of Com. Med.</b>	<b><u>3XPDE</u> - Violence against doctors Panel discussion- Dr. Yamini - Dr. Anurag - Dr. Wadhwa - Dr. Maha Singh Moderator- Dr. Namita</b>	<b><u>PDE</u> - The realities of medical practice – Dr. Saim Hasan</b>	<b><u>PDE</u> - Importance of group dynamics &amp; team work – Dr. Mahesh</b>	<b><u>PDE</u> - Doctor patient relationship – Dr. Shailesh Gupta</b>	<b><u>PDE</u> - Social stigma and cultural factors influencing diseases – Dr. Saim Hasan</b>
11 -12 AM	<b><u>2XO</u>- Orientation to surgery and orthopedics Dept.- Dr. Gautam Gole</b>		<b><u>2XPDE</u> - Health coverage in media Perspective of a journalist – Dr. Shailesh Gupta</b>	<b><u>SK</u> – Role of nutrition in patient care in hospital – Dr. Asha</b>	<b><u>SK</u> – The art &amp; science of nursing care – Mr. Rajendra</b>	<b><u>SK</u> – Communication skills in medicine – Dr. Sibadatta</b>
12-01 PM				<b><u>SK</u> – Management skills at district level – Dept. of Com. Med.</b>	<b><u>SK</u> – Art and science of history taking – Dr. Anil Chaudhary</b>	<b><u>SK</u> – Role of Yoga in Stress management – Dr. Vikash</b>
01-02 PM						
02-03 PM	<b><u>LC</u> – L2= Hindi Dr. Namita</b>	<b><u>2XSK</u> – Introduction to biochemistry lab – Dr. Asha</b>	<b><u>LC</u> – L1=English Dr. Anuradha</b>	<b><u>LC</u> – L2= Hindi Dr. Namita</b>	<b><u>LC</u> – L1=English Dr. Anuradha</b>	<b><u>2XSK</u> – Blood sample collection &amp; preparation of peripheral smear in Physiology - Dr. Navneet</b>
03-04 PM	<b><u>LC</u> – Computer skills -Mr. Ashish</b>		<b><u>LC</u> – Computer skills -Mr. Ashish</b>	<b><u>LC</u> – Computer skills - Mr. Ashish</b>	<b><u>LC</u> – Computer skills -Mr. Ashish</b>	

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Time	Day 13 17.08.19 Sat	Day 14 19.08.19 Mon	Day 15 20.08.19 Tue	Day 16 21.08.19 Wed	Day 17 22.08.19 Thurs	Day 18 23.08.19 Fri
08-09 AM	<b><u>S/E</u></b> –Music <b>Dr. Anuradha</b>	<b><u>S/E</u></b> –Dance <b>Dr. Bhawna</b>	<b><u>S/E</u></b> – Sports <b>Dr. Manjeet &amp; Mr. Wahid</b>	<b><u>S/E</u></b> –Music <b>Dr. Anuradha</b>	<b><u>S/E</u></b> –Dance <b>Dr. Bhawna</b>	<b><u>S/E</u></b> – Sports <b>Dr. Manjeet &amp; Mr. Wahid</b>
09-10 AM	<b><u>PDE</u></b> - District non communicable diseases officer – <b>Dept. of Com. Med.</b>	<b><u>PDE</u></b> - Empathetic attitude towards patients – <b>Dr. Shailesh Gupta</b>	<b><u>PDE</u></b> - Consumer protection act .Legal issues against Doctors, issues related to negligence, professional Indemnity_– <b>Dr. Naresh</b>	<b><u>PDE</u></b> - Maintaining Confidentiality of a patient – <b>Dr. Sangeeta</b>	<b><u>PDE</u></b> - Gender sensitization & laws regarding sexual harassment – <b>Dr. Devinder</b>	<b><u>PDE</u></b> - Immunization required for health personnel_– <b>Dr. Maha Singh</b>
10-11 AM	<b><u>PDE</u></b> - How to interact with peers, seniors, faculty & patients_– <b>Dr. Ashima</b>	<b><u>2XPDE</u></b> - Discussion of movie – Shwass (to show communication skills) – <b>Dr. Arshil &amp; Dr. Navneet</b>	<b><u>SK</u></b> – Role of IT in health ANMOL & health apps – <b>Dr. Ahuja</b>	<b><u>SK</u></b> – Handling Microscope and Histology slides– <b>Dr. Mahesh</b>	<b><u>PDE</u></b> - Doctor as a service provider, Consumer protection Act in relation to Doctors – <b>Dr. Shailesh</b>	<b><u>PDE</u></b> - Challenges faced by a doctor in private/ corporate set up– <b>Dr. Anil Chaudhary</b>
11 -12 AM	<b><u>SK</u></b> – Role play for communication skill (polio) – <b>Dr. Mahesh</b>		<b><u>FV</u></b> - Visit to Community Health Center (CHC) – <b>Dept. of Com. Med.</b>	<b><u>FV</u></b> - Visit to Anganwadi & Primary health care (PHC) – <b>Dept. of Com. Med.</b>	<b><u>SK</u></b> – Study skills- tips for better study style_– <b>Dr. Anil Chaudhary</b>	<b><u>SK</u></b> – Where to look for data in health? – <b>Dept. of Com. Med.</b>
12-01 PM	<b><u>SK</u></b> – Role play/Skit on AIDS, DOTS, – <b>Dr. Mahesh</b>	<b><u>SK</u></b> – Tele Medicine – – <b>Dept. of Com. Med.</b>	<b><u>FV</u></b> - Interview with ANM/ASHA Para Medical staff, District Child health & immunization officer– <b>Dept. of Com. Med.</b>	<b><u>FV</u></b> - The epidemic diffusing squad – interaction with District epidemiologist_– <b>Dept. of Com. Med.</b>	<b><u>SK</u></b> – Wet specimen in museum – <b>Dr. Neetu Arora</b>	<b><u>SK</u></b> – Principles of blood safety and transfusion medicine – <b>Dr. Shailesh (Patho)</b>
01-02 PM	<b>LUNCH</b>					
02-03 PM	<b><u>LC</u></b> – L2= Hindi <b>Dr. Namita</b>	<b><u>2XSK</u></b> – Centrifuge & other procedure in Biochemistry - <b>Dr. Asha</b>	<b><u>LC</u></b> – L1=English <b>Dr. Anuradha</b>	<b><u>LC</u></b> – L2= Hindi <b>Dr. Namita</b>	<b><u>LC</u></b> – L1=English <b>Dr. Anuradha</b>	<b><u>LC</u></b> – L2= Hindi <b>Dr. Namita</b>
03-04 PM	<b><u>LC</u></b> – Computer skills - <b>Mr. Ashish</b>		<b><u>LC</u></b> – Computer skills - <b>Mr. Ashish</b>	<b><u>LC</u></b> – Computer skills - <b>Mr. Ashish</b>	<b><u>LC</u></b> – Computer skills - <b>Mr. Ashish</b>	<b><u>LC</u></b> – Computer skills - <b>Mr. Ashish</b>

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08-09 AM	<b><u>S/E</u> –Music Dr. Anuradha</b>	<b><u>S/E</u> –Dance Dr. Bhawna</b>	<b><u>S/E</u> – Sports Dr. Manjeet &amp; Mr. Wahid</b>	<b><u>S/E</u> –Music Dr. Anuradha</b>	<b><u>S/E</u> –Dance Dr. Bhawna</b>	<b><u>S/E</u> – Sports Dr. Manjeet &amp; Mr. Wahid</b>
09-10 AM	<b><u>O</u>-Visit to various wards – interaction with staff, patients and by standers in waiting area (SR/JR of Physio)</b>	<b><u>O</u>- Universal precautions and vaccination – Dr. Maha Singh</b>	<b><u>O</u>-Allternate health systems in the country and history of Medicine – Dr. Anil Chaudhry</b>	<b><u>O</u>- Orientation to mortuary in Forensic and Hospital – Dr. Ruchir</b>	<b><u>O</u>- Orientation to Immunization clinic (SR/JR of Pediatrics)</b>	<b><u>O</u>- Orientation to laundry, central workshop - Dr. Jatin &amp; Dr. Veerpal</b>
10-11 AM	<b><u>SK</u>- Cardiopulmonary resuscitation (basic life support training) (CMO)</b>	<b><u>SK</u>- Importance of reporting, documentation, feedback, referral (MRD) – Dr. Siddharth (Ortho)</b>	<b><u>PDE</u> - Tracing the journey of an OPD patient– Dr. Jitendra</b>	<b><u>O</u>- Orientation to blood bank– Dr. Shailesh (patho)</b>	<b><u>O</u>- Orientation to central lab, – Dr. Pooja</b>	<b><u>O</u>- Orientation to hospital kitchen, physiotherapy Dr. Arshil &amp; Dr. Komal</b>
11 -12 AM	<b><u>SK</u>-Simulation based learning, peer assisted learning and types of skills required to learn– Dr. Sibadatta</b>	<b><u>SK</u>-Bio-safety and bio medical waste management– Dr. Prakriti</b>	<b><u>PDE</u> - Career pathway during and after MBBS– Dr. Shailesh Gupta</b>	<b><u>PDE</u> - Information, education &amp; Communication and public awareness activities– Dept. of Com. Med.</b>	<b><u>PDE</u> – First Aid – Dr. Jitendra</b>	<b><u>PDE</u> - Meeting of faculty with parents – Dr. Sangeeta - Dr. Namita - Dr. Anuradha</b>
12-01 PM	<b><u>FV</u> – Visit to District family welfare and PNDT officer– Dept. of Com. Med.</b>	<b><u>FV</u> - Visit to De-addictn center – Dept. of Com. Med.</b>	<b><u>FV</u> - Challenges in running a public hospital – principle medical officer district Hospital – Dept. of Com. Med.</b>	<b><u>PDE</u> - Medicine and Law- Interaction with a lawyer - Dr. Hitesh</b>	<b><u>PDE</u> - Medico legal cases, police information – interaction with a police officer – Dr. Ashish Tyagi</b>	<b><u>PDE</u> - Open forum to students and parents (discuss any issue to panel) - Dr. Sangeeta - Dr. Namita - Dr. Anuradha</b>
01-02 PM	<b>LUNCH</b>					
02-03 PM	<b><u>2XSK</u>- Perform first Aid in simulated Environment –</b>	<b><u>LC</u> – L1=English Dr. Anuradha</b>	<b><u>LC</u> – L2= Hindi Dr. Namita</b>	<b><u>LC</u> – L1=English Dr. Anuradha</b>	<b><u>2XSK</u>-Perform Basic Life support in Skill Lab – Dr. Gautam Gole</b>	<b><u>LC</u> – L1=English Assessment- feed back by the students / faculty - Dr. Anuradha</b>
03-04 PM	<b>CMO</b>	<b><u>LC</u> – Computer skills – Mr. Ashish</b>	<b><u>LC</u> – Computer skills – Mr. Ashish</b>	<b><u>LC</u> – Computer skills – Mr. Ashish</b>		<b><u>LC</u> – Computer skills -feed back by the students / faculty - Mr. Ashish</b>

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