

**SHAHEED HASAN KHAN MEWATI GOVERNMENT MEDICAL
COLLEGE, NALHAR, NUH (HARYANA)**

Foundation Course for MBBS students (2019-20 Batch) August 2019

| Time | Day 1 01.08.19 Thurs | Day 2 02.08.19 Fri | Day 3 03.08.19 Sat | Day 4 05.08.19 Mon | Day 5 06.08.19 Tue | Day 6 07.08.19 Wed | | | | | | | | | | | | | | | | |
|--------------|--|---|---|---|--|--|---------------------------|--------------------------------|--------------------------------|---------------------------|---------------------------|------|----------------|------------------|---------------|-----------------|-------|---------------|-----------------|----------------|------------------|--|
| 08-09 AM | O -Welcome & lamp lighting Ceremony. Address by worthy Director | O Foundation course and Assessment-A gist – Dr. Sangeeta | S/E – Sports Dr. Manjeet & Mr. Wahid | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid | | | | | | | | | | | | | | | | |
| 09-10 AM | O -Introduction to MBBS Profession By Dean | 2XO - Why I want to become a doctor- Introduction by MBBS first year student – All Pre Clinical Teachers | PDE - Ethical behavior & professionalism – Dr. Ashima | 2XSK – Handling Cadavers in Dissection Hall -Dr. Neetu Arora | 4XO -Campus and Hospital round <table border="1"> <thead> <tr> <th></th> <th>College Campus Round Area no 1</th> <th>College Campus Round Area no 2</th> <th>Hospital Round Area No. 1</th> <th>Hospital Round Area No. 2</th> </tr> </thead> <tbody> <tr> <td>9-11</td> <td>A Dr. Jatin</td> <td>B Dr. Veerpal</td> <td>C Dr. Siba</td> <td>D Dr. Naresh</td> </tr> <tr> <td>11-01</td> <td>C Dr. Siba</td> <td>D Dr. Naresh</td> <td>A Dr. Jatin</td> <td>B Dr. Veerpal</td> </tr> </tbody> </table> | | | College Campus Round Area no 1 | College Campus Round Area no 2 | Hospital Round Area No. 1 | Hospital Round Area No. 2 | 9-11 | A Dr. Jatin | B Dr. Veerpal | C Dr. Siba | D Dr. Naresh | 11-01 | C Dr. Siba | D Dr. Naresh | A Dr. Jatin | B Dr. Veerpal | O - PMJV- Ayushman Bharat - Dr. Nikhil Goel |
| | College Campus Round Area no 1 | | College Campus Round Area no 2 | | | | Hospital Round Area No. 1 | Hospital Round Area No. 2 | | | | | | | | | | | | | | |
| 9-11 | A Dr. Jatin | B Dr. Veerpal | C Dr. Siba | D Dr. Naresh | | | | | | | | | | | | | | | | | | |
| 11-01 | C Dr. Siba | D Dr. Naresh | A Dr. Jatin | B Dr. Veerpal | | | | | | | | | | | | | | | | | | |
| 10-11 AM | O -Introduction to Medical College & Hospital By MS | | 3XO -Visit to pre and Para clinical departments (Group A, B and C) -Demonstrator Ana/Phy/Bio | | | O -International health systems and concept of rural health care – Dept. of Com. Med. | | | | | | | | | | | | | | | | |
| 11 AM -01 PM | 2XPDE - Patient as a teacher – Dr. Anuradha | 2XPDE - Doctor as a team leader – Dr. Sibadatta | | 2XPDE -Concept of generic medicines AMRIT, Jan Aushdhi – Dr. Naveen Kr. | | 2XO - Visit to Dental OPD and Blood Bank – Dept. of Dentistry and Dr. Shailesh | | | | | | | | | | | | | | | | |
| 01-02 PM | Lunch | | | | | | | | | | | | | | | | | | | | | |
| 02-03 PM | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita | LC – L1=English Dr. Anuradha | 2XSK – Handling Microscope in Physiology- Dr. Swati | | | | | | | | | | | | | | | | |
| 03-04 PM | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | | | | | | | | | | | | | | | | | |

O - Orientation – 30 Hours (Red Color)

PDE - Professional Development and Ethics - 40 Hours (Green Color)

LC – Language and Computer – 36 Hours (Yellow Color)

S/E – Sports and Extra Curriculum Activity 22 Hours (Blue Color)

FV – Field Visit – 7 Hours (Teal Blue Color)

SK – Skills - 33 Hours (Purple Color)

Batch A - 1-30

Batch B - 31-60

Batch C - 61-90

Batch D - 91-120

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|-----------|---|---|--|--|--|---|
| 08-09 AM | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid |
| 09-10 AM | O-National health programs – Dept. of Com. Med. | O-University rules for exams and attendance -Dr. Sangeeta | PDE - Medical etiquettes and Mannerism – Dr. Ashima | PDE - Why and how to remain updated for general knowledge – Dr. Sikha | PDE Doctor as an economist & manager – Dr. Naresh | PDE - Expectation of society from a doctor – Dr. Shailesh Gupta |
| 10-11 AM | PDE-Health care delivery system in India. - – Dept. of Com. Med. | 3XPDE - Violence against doctors Panel discussion- Dr. Yamini - Dr. Anurag - Dr. Wadhwa - Dr. Maha Singh Moderator- Dr. Namita | PDE - The realities of medical practice – Dr. Saim Hasan | PDE - Importance of group dynamics & team work – Dr. Mahesh | PDE - Doctor patient relationship – Dr. Shailesh Gupta | PDE - Social stigma and cultural factors influencing diseases – Dr. Saim Hasan |
| 11 -12 AM | 2XO- Orientation to surgery and orthopedics Dept.- Dr. Gautam Gole | | 2XPDE - Health coverage in media Perspective of a journalist – Dr. Shailesh Gupta | SK – Role of nutrition in patient care in hospital – Dr. Asha | SK – The art & science of nursing care – Mr. Rajendra | SK – Communication skills in medicine – Dr. Sibadatta |
| 12-01 PM | | | | SK – Management skills at district level – Dept. of Com. Med. | SK – Art and science of history taking – Dr. Anil Chaudhary | SK – Role of Yoga in Stress management – Dr. Vikash |
| 01-02 PM | | | | | | |
| 02-03 PM | LC – L2= Hindi Dr. Namita | 2XSK – Introduction to biochemistry lab – Dr. Asha | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita | LC – L1=English Dr. Anuradha | 2XSK – Blood sample collection & preparation of peripheral smear in Physiology - Dr. Navneet |
| 03-04 PM | LC – Computer skills - Mr. Ashish | | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | LC – Computer skills - Mr. Ashish | |

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| 08-09 AM | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid |
| 09-10 AM | PDE - District non communicable diseases officer – Dept. of Com. Med. | PDE - Empathetic attitude towards patients – Dr. Shailesh Gupta | PDE - Consumer protection act .Legal issues against Doctors, issues related to negligence, professional Indemnity_– Dr. Naresh | PDE - Maintaining Confidentiality of a patient – Dr. Sangeeta | PDE - Gender sensitization & laws regarding sexual harassment – Dr. Devinder | PDE - Immunization required for health personnel_– Dr. Maha Singh |
| 10-11 AM | PDE - How to interact with peers, seniors, faculty & patients_– Dr. Ashima | 2XPDE - Discussion of movie – Shwass (to show communication skills) – Dr. Arshil & Dr. Navneet | SK – Role of IT in health ANMOL & health apps – Dr. Ahuja | SK – Handling Microscope and Histology slides– Dr. Mahesh | PDE - Doctor as a service provider, Consumer protection Act in relation to Doctors – Dr. Shailesh | PDE - Challenges faced by a doctor in private/ corporate set up– Dr. Anil Chaudhary |
| 11 -12 AM | SK – Role play for communication skill (polio) – Dr. Mahesh | | FV - Visit to Community Health Center (CHC) – Dept. of Com. Med. | FV - Visit to Anganwadi & Primary health care (PHC) – Dept. of Com. Med. | SK – Study skills- tips for better study style_– Dr. Anil Chaudhary | SK – Where to look for data in health? – Dept. of Com. Med. |
| 12-01 PM | SK – Role play/Skit on AIDS, DOTS, – Dr. Mahesh | SK – Tele Medicine – – Dept. of Com. Med. | FV - Interview with ANM/ASHA Para Medical staff, District Child health & immunization officer– Dept. of Com. Med. | FV - The epidemic diffusing squad – interaction with District epidemiologist_– Dept. of Com. Med. | SK – Wet specimen in museum – Dr. Neetu Arora | SK – Principles of blood safety and transfusion medicine – Dr. Shailesh (Patho) |
| 01-02 PM | LUNCH | | | | | |
| 02-03 PM | LC – L2= Hindi Dr. Namita | 2XSK – Centrifuge & other procedure in Biochemistry - Dr. Asha | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita |
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| 08-09 AM | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid | S/E –Music Dr. Anuradha | S/E –Dance Dr. Bhawna | S/E – Sports Dr. Manjeet & Mr. Wahid |
| 09-10 AM | O - Visit to various wards – interaction with staff, patients and by standers in waiting area (SR/JR of Physio) | O - Universal precautions and vaccination – Dr. Maha Singh | O -Allternate health systems in the country and history of Medicine – Dr. Anil Chaudhry | O - Orientation to mortuary in Forensic and Hospital – Dr. Ruchir | O - Orientation to Immunization clinic (SR/JR of Pediatrics) | O - Orientation to laundry, central workshop - Dr. Jatin & Dr. Veerpal |
| 10-11 AM | SK - Cardiopulmonary resuscitation (basic life support training) (CMO) | SK - Importance of reporting, documentation, feedback, referral (MRD) – Dr. Siddharth (Ortho) | PDE - Tracing the journey of an OPD patient– Dr. Jitendra | O - Orientation to blood bank– Dr. Shailesh (patho) | O - Orientation to central lab, – Dr. Pooja | O - Orientation to hospital kitchen, physiotherapy Dr. Arshil & Dr. Komal |
| 11 -12 AM | SK -Simulation based learning, peer assisted learning and types of skills required to learn– Dr. Sibadatta | SK -Bio-safety and bio medical waste management– Dr. Prakriti | PDE - Career pathway during and after MBBS– Dr. Shailesh Gupta | PDE - Information, education & Communication and public awareness activities– Dept. of Com. Med. | PDE – First Aid – Dr. Jitendra | PDE - Meeting of faculty with parents – Dr. Sangeeta - Dr. Namita - Dr. Anuradha |
| 12-01 PM | FV – Visit to District family welfare and PNDT officer– Dept. of Com. Med. | FV - Visit to De-addictn center – Dept. of Com. Med. | FV - Challenges in running a public hospital – principle medical officer district Hospital – Dept. of Com. Med. | PDE - Medicine and Law- Interaction with a lawyer - Dr. Hitesh | PDE - Medico legal cases, police information – interaction with a police officer – Dr. Ashish Tyagi | PDE - Open forum to students and parents (discuss any issue to panel) - Dr. Sangeeta - Dr. Namita - Dr. Anuradha |
| 01-02 PM | LUNCH | | | | | |
| 02-03 PM | 2XSK - Perform first Aid in simulated Environment – CMO | LC – L1=English Dr. Anuradha | LC – L2= Hindi Dr. Namita | LC – L1=English Dr. Anuradha | 2XSK -Perform Basic Life support in Skill Lab – Dr. Gautam Gole | LC – L1=English Assessment- feed back by the students / faculty - Dr. Anuradha |
| 03-04 PM | | LC – Computer skills – Mr. Ashish | LC – Computer skills – Mr. Ashish | LC – Computer skills – Mr. Ashish | | LC – Computer skills -feed back by the students / faculty - Mr. Ashish |

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