

SHAHEED HASAN KHAN MEWATI GOVERNMENT MEDICAL COLLEGE, NALHAR, NUH (HARYANA)

Foundation Course for MBBS students (2019-20 Batch) August 2019

Time	Day 1 01.08.19 Thurs	Day 2 02.08.19 Fri	Day 3 03.08.19 Sat	Day 4 05.08.19 Mon	Day 5 06.08.19 Tue	Day 6 07.08.19 Wed	Day 7 08.08.19 Thurs	Day 8 09.08.19 Fri	Day 9 10.08.19 Sat
08-09 AM	O- Welcome & lamp lighting ceremony. Address by worthy Director	O Foundation course and Assessment-A gist/Overview	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance
09-10 AM	O- Introduction to MBBS Profession including History of Medicine and Medical research By Dean	2XO- Intro by MBBS first year student - Why I want to become a doctor	PDE - Ethical behavior & professionalism	2XSK – Taking care of Cadaver in Dissection Hall	4XO- Campus and Hospital round (Group A,B and C) 1. OPD and its functioning 2. IPD and Nursing Stations 3. Casualty and Triage room	O- Alternate health systems in India e.g. Ayush	O- National health programs	O- University rules for exams and attendance	PDE - Medical etiquettes and Mannerism
10-11 AM	O- Introduction to Medical College & Hospital By MS		3XO- Visit to Departments of Medical College (Group A, B and C) and Library and Campus (Cafeteria, sports complex, hostels)			O- International health systems and concept of rural health care	PDE- Health care delivery system in India.	3XPDE - Violence against doctors - Panel discussion	PDE - The realities of medical practice
11 AM -01 PM	2XPDE – Doctor’s role in society		2XPDE – Empathy for patients			2XPDE- Concept of generic medicines	2XO- Visit to OT Block, surgery Dept.& orthopedics Dept.	2XO- Visit to Dental OPD and Blood Bank	
01-02 PM	Lunch								
02-03 PM	LC – L1=English	LC – L2= Hindi	LC – L1=English	LC – L2=Hindi	LC – L1=English	2XSK – Handling Microscope in Physiology	LC – L2=Hindi	2XSK – Filling of investigation/requisition form, case files	LC – L1=English
03-04 PM	LC – Computer skills	LC – Computer skills	LC – Computer skills	LC – Computer skills	LC – Computer skills		LC – Computer skills		LC – Computer skills

O - Orientation – 30 Hours (Red Color)

PDE - Professional Development and Ethics - 40 Hours (Green Color)

LC – Language and Computer – 36 Hours (Yellow Color)

S/E – Sports and Extra Curriculum Activity 22 Hours (Blue Color)

FV – Field Visit – 8 Hours (Teal Blue Color)

SK – Skills - 32 Hours (Purple Color)

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08-09 AM	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance	<u>S/E</u> – Sports/Music Dance
09-10 AM	<u>PDE</u> – Significance of remaining updated with general awareness,	<u>PDE</u> - Doctor as an economist & manager	<u>PDE</u> - Expectation of society from a doctor	<u>PDE</u> - Evidence based Medicine	<u>PDE</u> - Patient as a teacher- Role Play	<u>PDE</u> - Consumer protection act .Legal issues against Doctors, issues related to negligence, professional Indemnity	<u>PDE</u> - Maintaining Confidentiality of a patient	<u>PDE</u> - Gender sensitization & laws regarding sexual harassment	<u>PDE</u> - Immunization required for health personnel
10-11 AM	<u>PDE</u> - Importance of group dynamics & team work	<u>PDE</u> - Doctor patient relationship	<u>PDE</u> - Social stigma and cultural factors influencing diseases	<u>PDE</u> - How to interact with peers, seniors, faculty & patients	<u>2XPDE</u> - Discussion of movie – Shwass (to show communication skills)	<u>SK</u> – Role of IT in health ANMOL & health apps	<u>SK</u> – Handling Microscope and Histology slides	<u>PDE</u> - Doctor as a service provider	<u>PDE</u> - Challenges faced by a doctor in private/ corporate set up
11 -12 AM	<u>SK</u> – Role of nutrition in patient care in hospital	<u>SK</u> – The art & science of nursing care	<u>SK</u> – Communication skills in medicine	<u>SK</u> – Developing skills to communicate with patient		<u>FV</u> – Batch A: Visit to Community Health Center (CHC) including Interaction with Health care worker Batch B: Visit to Primary health centre (PHC) Interaction with Health care worker	<u>FV</u> – Batch B: Visit to Community Health Center (CHC) including Interaction with Health care worker Batch A: Visit to Primary health centre (PHC) Interaction with Health care worker	<u>SK</u> – Study skills- tips for better study style including significance of self directed learning	<u>SK</u> –data in health- Use of information technology in Medicine
12-01 PM	<u>SK</u> –Importance of Management skills at various levels	<u>SK</u> – Art and science of history taking	<u>SK</u> – Role of Yoga in Stress management	<u>SK</u> – Role play/Skit on AIDS, DOTS	<u>SK</u> – Tele Medicine			<u>SK</u> – Preparing wet specimen in museum	<u>SK</u> – Principles of blood safety and transfusion medicine
01-02 PM	Lunch								
02-03 PM	<u>LC</u> – L2=Hindi	<u>LC</u> – L1= English	<u>2XSK</u> – Blood Pressure Measurement	<u>LC</u> – L2= Hindi	<u>2XSK</u> – Steps of Hand Wasing	<u>LC</u> – L1= English	<u>LC</u> – L2=Hindi	<u>LC</u> – L1= English	<u>LC</u> – L2=Hindi
03-04 PM	<u>LC</u> – Computer skills	<u>LC</u> – Computer skills		<u>LC</u> – Computer skills		<u>LC</u> – Computer skills	<u>LC</u> – Computer skills	<u>LC</u> – Computer skills	<u>LC</u> – Computer skills

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08-09 AM	<u>SE-</u> Sports/Music Dance	<u>SE-</u> Sports/Music Dance	<u>SE-</u> Sports/Music Dance	<u>SE-</u> Sports/Music Dance	<u>SE-</u> Sports/Music Dance	<u>SE-</u> Sports/Music Dance
09-10 AM	<u>O-</u> Visit to various wards – interaction with staff, patients and bystanders in waiting area	<u>O-</u> Universal precautions and vaccination	<u>O-</u> Orientation to AMRIT, Ayushman Bharat, Jan Aushadhi, Pharmacy,	<u>O-</u> Orientation to mortuary in Forensic and Hospital	<u>O-</u> Orientation to Immunization clinic	<u>O-</u> Orientation to laundry, CSSD
10-11 AM	<u>SK-</u> Skill to avoid needle/Scalpel injury	<u>SK-</u> Skill to handle biological samples for investigations	<u>PDE -</u> Tracing the journey of an OPD patient	<u>O-</u> Orientation to blood bank	<u>O-</u> Orientation to central lab,	<u>O-</u> Orientation to hospital kitchen, physiotherapy
11 -12 AM	<u>FV –</u> Batch A: Visit to District Hospital including Interaction with Health care worker Batch B: Visit to Sub-centre and Interaction with Health care worker	<u>FV –</u> Batch B: Visit to District Hospital including Interaction with Health care worker Batch A: Visit to Sub-centre and Interaction with Health care worker	<u>PDE -</u> Career pathway during and after MBBS	<u>PDE –</u> Information , Education ,Communication and public awareness activities- Public Health Days	<u>PDE -</u> Tracing the journey of a patient in casualty	<u>PDE -</u> Meeting of faculty with parents
12-01 PM			<u>SK-</u> Identification and segregation of bio medical waste	<u>PDE -</u> Medicine and Legal Literacy	<u>PDE -</u> Medico legal cases, police information	<u>PDE -</u> Open forum to students and parents (discuss any issue with panel)
01-02 PM	Lunch					
02-03 PM	<u>2XSK-</u> Cadaver Dissection	<u>LC –</u> L1=English	<u>LC –</u> L1=Hindi	<u>LC –</u> L1=English	<u>2XSK-</u> Sample collection and medical Instrumentation/ Apparatus	<u>LC –</u> L1=English Assessment- feed back by the students / faculty
03-04 PM		<u>LC –</u> Computer skills	<u>LC –</u> Computer skills	<u>LC –</u> Computer skills		<u>LC –</u> Computer skills -feed back by the students / faculty

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