

**SHAHEED HASAN KHAN MEWATI GOVERNMENT MEDICAL
COLLEGE, NALHAR, NUH (HARYANA)**

Foundation Course for MBBS students (2019-20 Batch) August 2019

Time	Day 1 01.08.19 Thurs	Day 2 02.08.19 Fri	Day 3 03.08.19 Sat	Day 4 05.08.19 Mon	Day 5 06.08.19 Tue	Day 6 07.08.19 Wed	Day 7 08.08.19 Thurs	Day 8 09.08.19 Fri	Day 9 10.08.19 Sat
08-09 AM	O -Welcome & lamp lighting ceremony. Address by worthy Director	O Foundation course and Assessment-A gist/Overview	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance
09-10 AM	O -Introduction to MBBS Profession including History of Medicine and Medical research By Dean	2XO - Intro by MBBS first year student - Why I want to become a doctor	PDE - Ethical behavior & professionalism	2XSK – Taking care of Cadaver in Dissection Hall	4XO -Campus and Hospital round (Group A,B and C) 1. OPD and its functioning 2. IPD and Nursing Stations 3. Casualty and Triage room	O - Alternate health systems in India e.g. Ayush	O -National health programs	O -University rules for exams and attendance	PDE - Medical etiquettes and Mannerism
10-11 AM	O -Introduction to Medical College & Hospital By MS		3XO -Visit to Departments of Medical College (Group A, B and C) and Library and Campus (Cafeteria, sports complex, hostels)			O - International health systems and concept of rural health care			PDE -Health care delivery system in India.
11 AM -01 PM	2XPDE – Doctor’s role in society	2XPDE – Empathy for patients		2XPDE -Concept of generic medicines		2XO - Visit to OT Block, surgery Dept.& orthopedics Dept.	2XO -Visit to Dental OPD and Blood Bank		2XPDE – Role of media in improvement of health of Community
01-02 PM	Lunch								
02-03 PM	LC – L1=English	LC – L2= Hindi	LC – L1=English	LC – L2=Hindi	LC – L1=English	2XSK – Handling Microscope in Physiology	LC – L2=Hindi	2XSK – Filling of investigation/requisition form, case files	LC – L1=English
03-04 PM	LC – Computer skills	LC – Computer skills	LC – Computer skills	LC – Computer skills	LC – Computer skills		LC – Computer skills		LC – Computer skills

O - Orientation – 30 Hours (Red Color)

PDE - Professional Development and Ethics - 40 Hours (Green Color)

LC – Language and Computer – 36 Hours (Yellow Color)

S/E – Sports and Extra Curriculum Activity 22 Hours (Blue Color)

FV – Field Visit – 8 Hours (Teal Blue Color)

SK – Skills - 32 Hours (Purple Color)

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08-09 AM	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance	S/E – Sports/Music Dance
09-10 AM	PDE – Significance of remaining updated with general awareness,	PDE - Doctor as an economist & manager	PDE - Expectation of society from a doctor	PDE - Evidence based Medicine	PDE - Patient as a teacher- Role Play	PDE - Consumer protection act .Legal issues against Doctors, issues related to negligence, professional Indemnity	PDE - Maintaining Confidentiality of a patient	PDE - Gender sensitization & laws regarding sexual harassment	PDE - Immunization required for health personnel
10-11 AM	PDE - Importance of group dynamics & team work	PDE - Doctor patient relationship	PDE - Social stigma and cultural factors influencing diseases	PDE - How to interact with peers, seniors, faculty & patients	2XPDE - Discussion of movie – Shwass (to show communication skills)	SK – Role of IT in health ANMOL & health apps	SK – Handling Microscope and Histology slides	PDE - Doctor as a service provider	PDE - Challenges faced by a doctor in private/ corporate set up
11 -12 AM	SK – Role of nutrition in patient care in hospital	SK – The art & science of nursing care	SK – Communication skills in medicine	SK – Developing skills to communicate with patient	SK – Tele Medicine	FV – Batch A: Visit to Community Health Center (CHC) including Interaction with Health care worker Batch B: Visit to Primary health centre (PHC) Interaction with Health care worker	FV – Batch B: Visit to Community Health Center (CHC) including Interaction with Health care worker Batch A: Visit to Primary health centre (PHC) Interaction with Health care worker	SK – Study skills- tips for better study style including significance of self directed learning	SK – data in health- Use of information technology in Medicine
12-01 PM	SK – Importance of Management skills at various levels	SK – Art and science of history taking	SK – Role of Yoga in Stress management	SK – Role play/Skit on AIDS, DOTS		SK – Preparing wet specimen in museum	SK – Principles of blood safety and transfusion medicine		
01-02 PM	Lunch								
02-03 PM	LC – L2=Hindi	LC – L1= English	2XSK – Blood Pressure Measurement	LC – L2= Hindi	2XSK – Steps of Hand Wasing	LC – L1= English	LC – L2=Hindi	LC – L1= English	LC – L2=Hindi
03-04 PM	LC – Computer skills	LC – Computer skills		LC – Computer skills		LC – Computer skills	LC – Computer skills	LC – Computer skills	LC – Computer skills

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08-09 AM	SE- Sports/Music Dance	SE- Sports/Music Dance	SE- Sports/Music Dance	SE- Sports/Music Dance	SE- Sports/Music Dance	SE- Sports/Music Dance
09-10 AM	O- Visit to various wards – interaction with staff, patients and bystanders in waiting area	O- Universal precautions and vaccination	O- Orientation to AMRIT, Ayushman Bharat, Jan Aushadhi, Pharmacy,	O- Orientation to mortuary in Forensic and Hospital	O- Orientation to Immunization clinic	O- Orientation to laundry, CSSD
10-11 AM	SK- Skill to avoid needle/Scalpel injury	SK- Skill to handle biological samples for investigations	PDE - Tracing the journey of an OPD patient	O- Orientation to blood bank	O- Orientation to central lab,	O- Orientation to hospital kitchen, physiotherapy
11 -12 AM	FV – Batch A: Visit to District Hospital including Interaction with Health care worker Batch B: Visit to Sub-centre and Interaction with Health care worker	FV – Batch B: Visit to District Hospital including Interaction with Health care worker Batch A: Visit to Sub-centre and Interaction with Health care worker	PDE - Career pathway during and after MBBS	PDE – Information , Education ,Communication and public awareness activities- Public Health Days	PDE - Tracing the journey of a patient in casualty	PDE - Meeting of faculty with parents
12-01 PM			SK- Identification and segregation of bio medical waste	PDE - Medicine and Legal Literacy	PDE - Medico legal cases, police information	PDE - Open forum to students and parents (discuss any issue with panel)
01-02 PM	Lunch					
02-03 PM	2XSK- Cadaver Dissection	LC – L1=English	LC – L1=Hindi	LC – L1=English	2XSK- Sample collection and medical Instrumentation/ Apparatus	LC – L1=English Assessment- feed back by the students / faculty
03-04 PM		LC – Computer skills	LC – Computer skills	LC – Computer skills		LC – Computer skills -feed back by the students / faculty

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